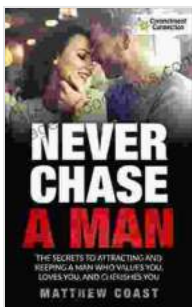


Never Chase Men: Empower Yourself and Attract Love on Your Terms

Are you tired of chasing men who don't seem interested in you? Do you feel like you're always the one making the first move and getting hurt in the process? If so, it's time to stop chasing men and start attracting love on your terms.



Never Chase a Man: The Secrets to Attracting And Keeping a Man Who Values You, Loves You, And Cherishes You (Dating And Relationship Advice For Women Book 2) by Matthew Coast

★★★★☆ 4.1 out of 5

Language	: English
File size	: 1617 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 42 pages
Lending	: Enabled
Screen Reader	: Supported



In her groundbreaking book, *Never Chase Men: Empower Yourself and Attract Love on Your Terms*, relationship expert Andrea Owen reveals the secrets to finding lasting love without chasing men. She shows women how to:

- Identify the red flags that indicate a man is not worth your time

- Build self-confidence and self-esteem
- Set boundaries and standards for relationships
- Attract men who are emotionally available and ready for commitment

Never Chase Men is a must-read for any woman who is ready to take control of her love life and find the love she deserves.

Chapter 1: The Red Flags of a Man Not Worth Your Time

In this chapter, Owen identifies the red flags that indicate a man is not worth your time. These red flags include:

- He's not interested in getting to know you
- He's always making excuses
- He's hot and cold
- He's disrespectful
- He's not emotionally available

If you see any of these red flags in a man, it's best to move on. He's not worth your time.

Chapter 2: Building Self-Confidence and Self-Esteem

In this chapter, Owen provides tips on how to build self-confidence and self-esteem. She shows women how to:

- Identify their strengths and weaknesses
- Set realistic goals for themselves

- Surround themselves with positive people
- Practice self-care

When women have high self-confidence and self-esteem, they are more likely to attract men who are interested in them and who treat them with respect.

Chapter 3: Setting Boundaries and Standards for Relationships

In this chapter, Owen teaches women how to set boundaries and standards for relationships. She shows them how to:

- Communicate their needs and wants to potential partners
- Set limits on what they are willing to tolerate
- Walk away from relationships that are not meeting their needs

When women set boundaries and standards for relationships, they are more likely to find men who are willing to meet their needs and who treat them with respect.

Chapter 4: Attracting Men Who Are Emotionally Available and Ready for Commitment

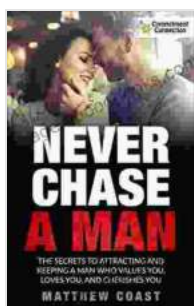
In this chapter, Owen provides tips on how to attract men who are emotionally available and ready for commitment. She shows women how to:

- Be themselves
- Be open to new experiences

- Put themselves in situations where they can meet new people
- Be patient

When women are themselves and open to new experiences, they are more likely to attract men who are interested in them and who are ready for commitment.

Never Chase Men is a must-read for any woman who is ready to take control of her love life and find the love she deserves. Andrea Owen provides women with the tools and strategies they need to attract men who are emotionally available and ready for commitment. With her guidance, women can learn how to empower themselves and find lasting love on their terms.



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