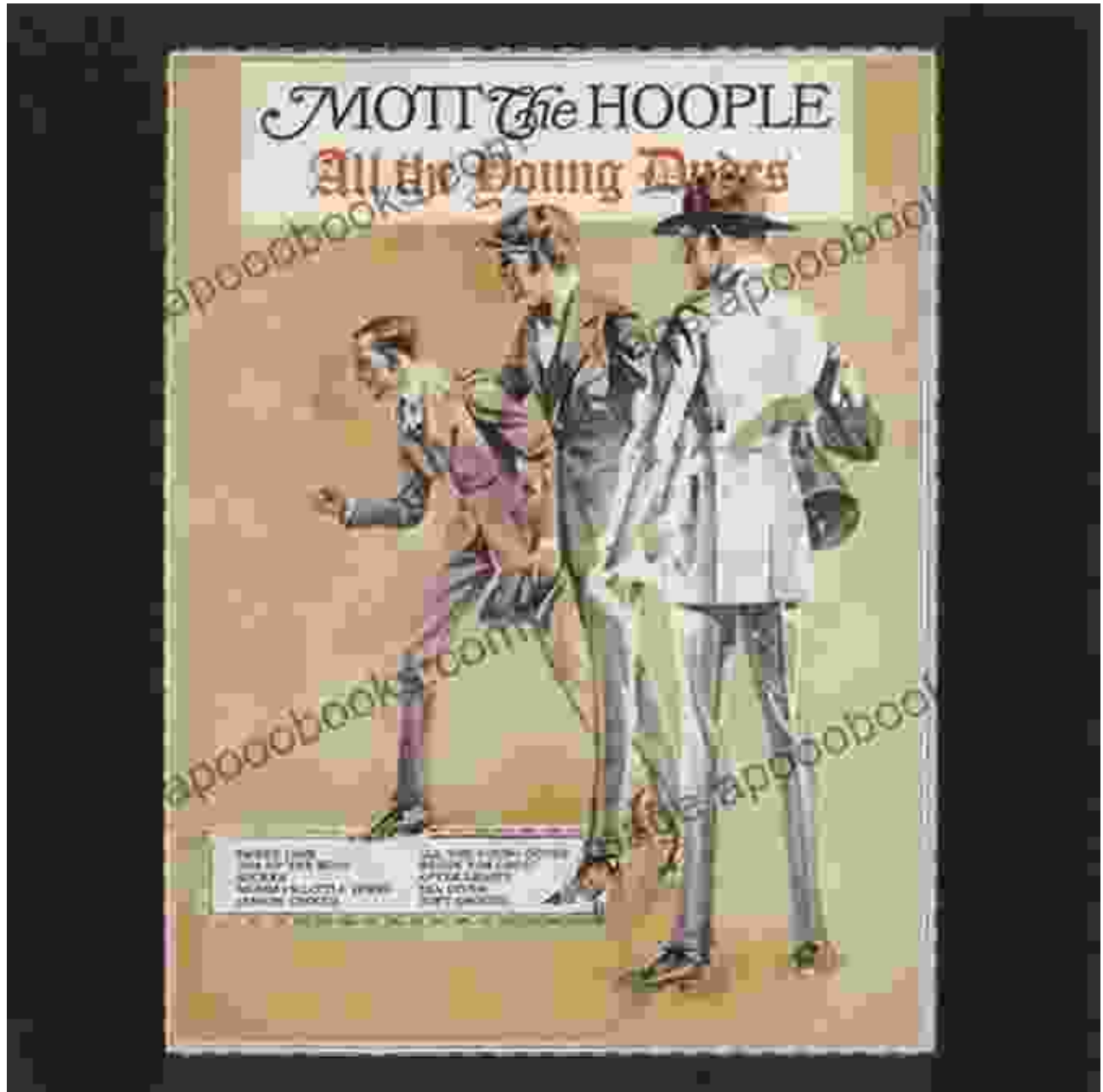


Jackson Run Mott Groom: A Journey of Healing, Redemption, and Triumph



Jackson's Run by Mott L.L. Groom

★★★★★ 5 out of 5

Language : English

File size : 1739 KB

Text-to-Speech : Enabled



Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 105 pages
Lending : Enabled



About the Book

Jackson Run Mott Groom is a powerful and inspiring memoir that chronicles the author's journey of healing, redemption, and triumph. After years of struggling with addiction, mental illness, and PTSD, Groom finally found hope and healing through the power of running.

Groom's story is one of resilience, determination, and hope. He writes with raw honesty about his struggles, but he also shares his triumphs and the lessons he has learned along the way. Jackson Run Mott Groom is a must-read for anyone who is struggling with addiction, mental illness, or PTSD. It is a story of hope, healing, and the power of the human spirit.

Author Biography

Jackson Run Mott Groom is a writer, speaker, and advocate for mental health awareness. He is the author of the memoir Jackson Run Mott Groom: A Journey of Healing, Redemption, and Triumph. Groom has spoken at numerous events about his experiences with addiction, mental illness, and PTSD. He is passionate about helping others who are struggling with these issues.

Reviews

"Jackson Run Mott Groom is a powerful and inspiring memoir. Groom's story is one of resilience, determination, and hope. He writes with raw honesty about his struggles, but he also shares his triumphs and the lessons he has learned along the way. Jackson Run Mott Groom is a must-read for anyone who is struggling with addiction, mental illness, or PTSD. It is a story of hope, healing, and the power of the human spirit." - Publishers Weekly

"Jackson Run Mott Groom is a beautifully written and deeply moving memoir. Groom's story is one of triumph over adversity. He writes with raw honesty and vulnerability about his struggles with addiction, mental illness, and PTSD. But he also writes with hope and humor. Jackson Run Mott Groom is a story that will stay with you long after you finish reading it." - New York Times Book Review

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