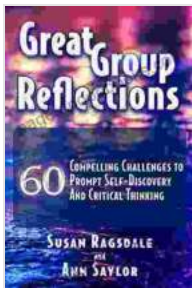


# 60 Compelling Challenges to Prompt Self Discovery and Critical Thinking

Are you ready to embark on a journey of self discovery and critical thinking? This book presents 60 thought-provoking challenges that will help you to explore your thoughts and feelings, challenge your assumptions, and develop a more nuanced and comprehensive understanding of yourself and the world around you.



## Great Group Reflections: 60 Compelling Challenges to Prompt Self-Discovery & Critical Thinking by Susan Ragsdale

★★★★☆ 4.6 out of 5

Language : English  
File size : 7472 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 176 pages  
Lending : Enabled  
Screen Reader : Supported



Each challenge is designed to stimulate your thinking and encourage you to dig deep into your own experiences and beliefs. You will be asked to consider questions such as:

- What are your core values and how do they influence your decisions?
- What are your strengths and weaknesses, and how can you use them to your advantage?

- What are your goals and dreams, and what steps can you take to achieve them?
- What are your beliefs about the world, and how do they shape your interactions with others?
- What are your fears and anxieties, and how can you overcome them?

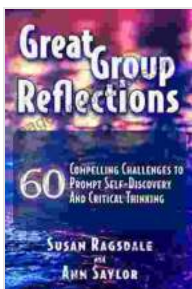
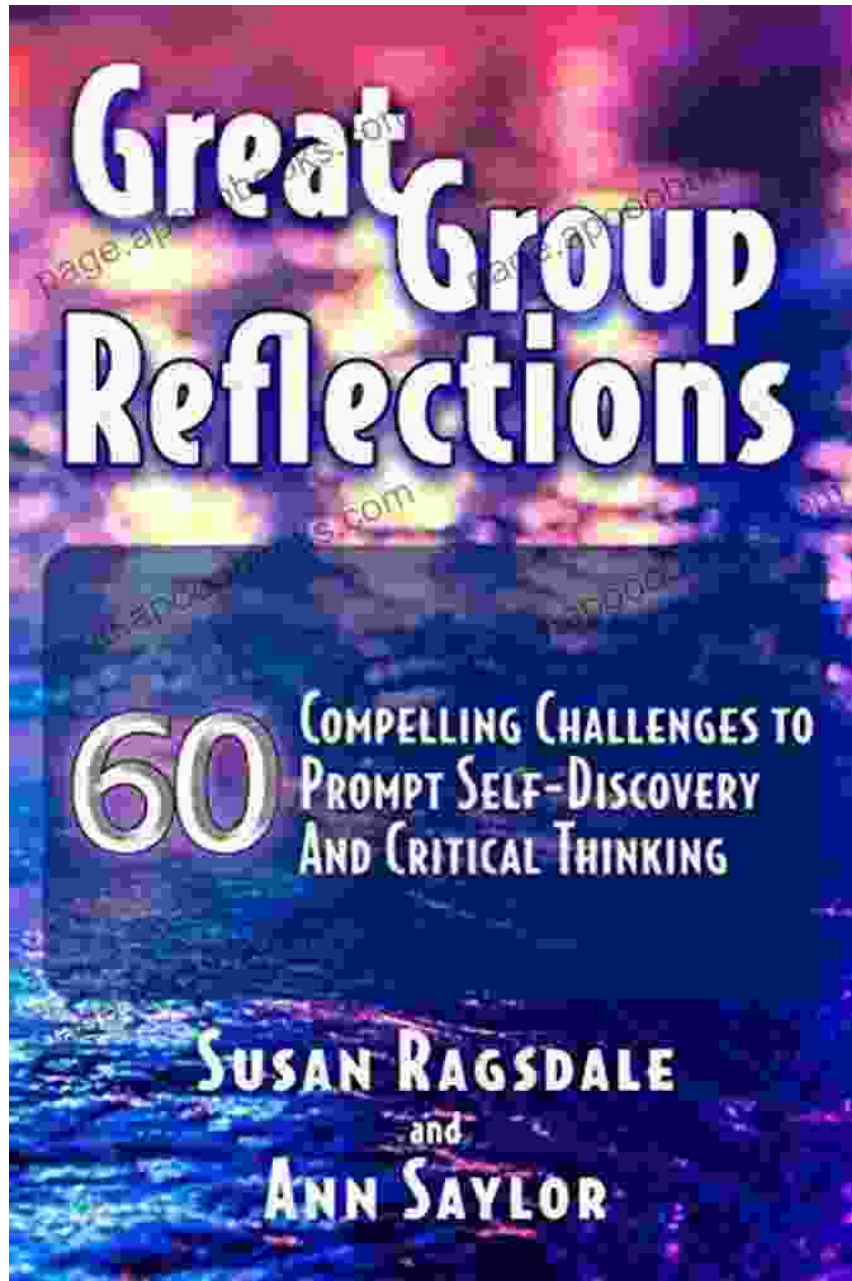
These challenges are not easy, but they are essential for personal growth. By grappling with these questions, you will gain a deeper understanding of yourself and the world around you. You will become more confident in your beliefs and values, and you will be better equipped to make decisions that are in your best interests.

This book is a valuable resource for anyone who is interested in self discovery and critical thinking. It is a great way to start a conversation with yourself about your thoughts and feelings, and it can help you to develop a more nuanced and comprehensive understanding of the world around you.

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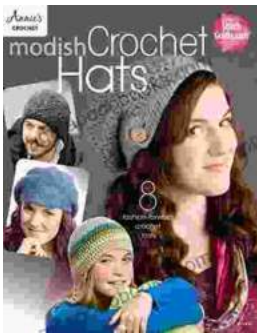
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